

# 11<sup>th</sup> – Bible Seed Podcast

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**Intro Music** - “My ( Your ) Father Is So Good To Me”

Hi, my name is Carl Vasta and I would like to welcome you to the Bible Seeds section here, at ***Understanding God’s Word***. This is where I get to comment on biblical readings and stories that brings the bible into what’s happening to us in our daily lives.

I’ll touch on such topics as Family Prayer or Why I Believe There Is A God. I’ll talk about what was predicted that makes these the Terrible Times In The Last Days, or how to Have A Daily Meaningful Relationship With God.

Today’s topic is **“Eat My Flesh & Drink My Blood”**

You must be thinking this kind of topic is better for Halloween, but if I waited to the pumpkin season to present this, many people would not take this seriously.

***These are the words of Jesus!***

***“I am telling you the truth: if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in yourselves.”*** [ **John 6:53-55** ]

**The back story of this is . . .**

Jesus had sent the disciples to the Jewish towns to preach the good news, heal the sick, bring the dead back to life, heal those who suffer from dreaded skin diseases, and drive out demons. On their return, they met with Jesus and told them all they had done and what they had taught.

Jesus had just learned of John the Baptist death from John's disciples who buried his body.

The gospel of Mark says, 'There were so many people coming and going that Jesus and his disciples didn't have time to eat. So he said to them, "Let us go off by ourselves to some place where we will be alone and you can rest awhile." So they started out in a boat by themselves to a lonely place.'

Mark goes on to say, 'Many people, however, saw them leave and knew at once who they were; so they went from all the towns and ran ahead by land and arrived at the place ahead of Jesus and his disciples. When Jesus got out of the boat, he saw this large crowd, and his heart was filled with pity for them, because they were like sheep without a shepherd. So he healed their sick and began to teach them many things.

When it was getting late, Jesus went up a hill and sat down with his disciples. The time for the Passover Festival was near.

Jesus looked around and saw that a large crowd was coming to him, so he asked Philip, "Where can we buy enough food to feed all these people?"

He knew well what he intended to do but he asked this to test Philip's response. )

Philip replied, "Not even with two hundred days' wages could we buy enough loaves to give each of them a mouthful!"

Andrew, Simon Peter's brother said, "There is a boy here who has five loaves of barley bread and two fish. But it certainly won't be enough for all these people."

Because it was the time of year when grass covered the landscape, Jesus told the disciples to get the people to sit down in groups so they could be served easily.

He took the bread, gave thanks to God and gave it to the disciples who brought it to the people who were sitting there. He did the same with the

fish, and they all had as much as they wanted. All four gospels say that the number of men there were 5000. ( And Matthew adds: 5000 men, not counting the women and children )

When everyone was full, Jesus told the disciples, "Gather the pieces left over, let us not waste a bit". So they gathered them all and filled twelve baskets with the pieces left over from the five barley loaves which the people had eaten.

And the people seeing this great miracle were talking among themselves saying, "**This is the prophet Moses told us about who was to come into the world!**"

Jesus realized they were ready to come and carry him off to try and make him king, so he told his disciples to take the boat back across the lake and he went to the hills by himself.

The next day the crowd that Jesus fed on the other side of the lake realized that he was in Capernaum, and when they found him, they asked him, "Teacher when did you get here?" Jesus answered, "I am telling you the truth: you are looking for me because you ate the bread and had all you wanted, not because you understood my miracles. Do not work for food that spoils; instead, work for food that lasts for eternal life. This is the food which the Son of Man will give you, because God, the Father, has put his mark of approval on him."

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The book of John is the only gospel where *Jesus refers to himself as the "bread of life."*

John starts his gospel by introducing Jesus as the *Word Of God*. ( Book of John, Chapter 1, Verses 1-18 )

In Matthew 4:4, The Devil came to Jesus in the desert after 40 nights without food and said, "If you are God's Son, order these stones to turn into bread."

Jesus answered, "The scripture says, 'Man cannot live on bread alone, but needs every WORD That GOD Speaks.'" ( Jesus quoted Deuteronomy 8:3 from the Old Testament )

Within the Holy Trinity, ( *Father, Son, and Holy Spirit* ) Jesus is identified as the *Son Of God, and the Word Of God.*

When he says; '**whoever eats my flesh**', he is referring to the scripture above.

*Bread is for the nourishment of the body, the Word Of God is for the nourishment of the Soul.* The bread we eat nourishes the body and passes through it, but the *Word Of God, that we take in us, remains dormant until it is given life by the blood.*

As blood gives life to the flesh, so BELIEVING that 'God sent his son Jesus to take our sins' is the 'blood of Christ' that we drink.

Our BELIEF gives life to the 'Word Of God' that we take in. And it becomes the living and growing '*Word Of God*' which is able to change us from our sinful nature to God's nature. )

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So they asked Jesus what God would have them do and Jesus answered "What God wants you to do is to believe in the one he sent."

***"I AM THE BREAD OF LIFE," Jesus told them. He who comes to me will never be hungry; he who believes in me will never be thirsty."***

Jesus tells them, "You have seen me and the miracles I performed and you still do not believe, but everyone that my Father chooses will come to me and I will not turn anyone away. I have come down from heaven not to do my will, but the will of the one who sent me. And it is the will of him who sent me that I should not lose any of those he has given me, but that I should raise them all to life on the last day."

The people started grumbling because he said, "I am the bread of life that came down from heaven." So they said, "This man is Jesus son of Joseph, isn't he? We know his father and mother. How, then does he now say he came down from heaven?"

Jesus tells them, "The prophets wrote, 'Everyone will be taught by God.' ( Isaiah 54:13 ) Anyone who hears the Father and learns from him comes to me. This does not mean that anyone has seen the Father; he who is from God is the only one who has seen the Father. I am telling you the truth: he who believes in me has eternal life. I am the bread of life. Your ancestors ate manna in the desert, but they died. But the bread that comes down from heaven is of such a kind that whoever eats it will not die. I am the living bread that came down from heaven. If anyone eats this bread, he will live forever. The bread that I will give him is my flesh, which I give so that the world may live."

This started an angry argument among them. "How can this man give us his flesh to eat?" they asked.

Jesus said to them, I am telling you the truth: ***if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in yourselves. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him to life on the last day. For my flesh is the real food; my blood is the real drink. Whoever eats my flesh and drinks my blood lives in me, and I live in him.***

Many of his followers heard this and said, "This teaching is too hard. Who can listen to it?"

Jesus knew that they were grumbling about this, so he said to them, "Does this make you want to give up? Suppose, then that you should see the Son of Man go back up to the place where he was before? What gives life is God's Spirit; man's power is of no use at all. The words I have spoken to you bring God's life-giving Spirit. Yet some of you do not believe."

which one would betray him. ) And he added, "This is the very reason I told you that no one can come to me unless the Father makes it possible for him to do so."

Because of these words, many of Jesus' followers abandoned him, so he asked the twelve disciples, "And you... do you want to leave me too?"

Simon Peter answered him, "Lord, to whom would we go? You have the words that give eternal life. And now we believe and know that you are the Holy One who ( Jesus knew from the very beginning who were the ones that would not believe and has come from God."

***New Testament, Book Of John, Chapter 6, Verses 22-71***

1. Back Ground Ending Music Starts and...
2. Ending narrative by Carl Finish with "My Father Is So Good To Me"

**Ending for Video**

I would like you to know how much GOD loves you. He is ready and waiting to help you. You just need to believe that He exists and has created all things and has given His Son Jesus, ( the good shepherd ), to bring you back to Him.

This is why I put together these pod casts, starting with **The Storyline Of The Bible**, 19 easy understandable pod casts that take you from Genesis, the first book of the bible - to Revelation, the last book of the bible.

And beyond that, there are **The Stories And Quotes From Jesus**, which will help you to strengthen your faith in God. And now I have just added these Bible Seeds; my commentary on some of these readings.

You can find all of this and print out the **PDFs** for Storyline Of The Bible and Quotes and Stories from Jesus. You can download the MP3s, Videos, and my original music from my website: [www.carlvasta.com](http://www.carlvasta.com). Everything is free and there are no sign ups. Enjoy!

### **Ending**

This is your host Carl Vasta and I thank you for tuning in to Bible Seeds at Understanding God's Word.

A new podcast is released every Sunday at 12:30PM Pacific Coast Time.

God bless you and your loved ones and remember..... ( Song )