

# 10th – Bible Seeds Podcast

Published 10-02-2020

**Intro Music** - “My ( Your ) Father Is So Good To Me”

Hi, my name is Carl Vasta and I would like to welcome you to the Bible Seeds section here, at Understanding God’s Word. This is where I get to comment on biblical readings and stories that brings the bible into what’s happening to us in our daily lives.

I’ll touch on such topics as Family Prayer or Why I Believe There Is A God. I’ll talk about what was predicted that makes these the Terrible Times In The Last Days, or how to Have A Daily Meaningful Relationship With God.

Today’s topic is **“Psalm 71”, An Old Man’s Prayer** read by Carl Vasta

This Psalm is more of a prayer by David who has lived a long life and is looking back at his life and experiences. He was a young boy tasked with taking care of the sheep that belonged to the family. He learned to use a sling to protect the sheep from wild animals like wolves, bears, and lions. He was chosen by God and anointed by Samuel the prophet to replace Saul, the first king of Israel who God was not pleased with.

It was a strange relationship between David and King Saul who was jealous of David and did not give up his throne, yet when an evil spirit sent by God came upon Saul at various times, he called on David to

play the harp and the evil spirit departed from him and he was refreshed and felt well again.

When Goliath threatened the army of Israel and no one dared to challenge him, David got the king's permission to fight him even though he was just a boy. David was successful in killing Goliath with a stone from his sling that sunk into his head and he fell to the ground and David cut off Goliath's head with his own sword!

David became popular with the people and because of Saul's jealousy, he tried to kill David many times and in many ways, but God was with him.

David finally fled from Saul and had many close encounters with him and proved to Saul that he could have killed him but had mercy on him and let him live.

Finally King Saul and his son Jonathan, who David loved like a brother died in a battle with the Philistines.

At the age of 33, David finally became the king of Israel and reigned forty years. he was successful at establishing a strong nation for Israel and was loved by all the people.

At the peak of his reign, David brought suffering upon himself by his sin with Bathsheba. God forgave him because of his sincere repentance but because sin has consequences, his deeds could not be undone and God raised up evil against him from his own household.

During the remainder of his life:

- The first son he had with Bathsheba was born dead,
- Another of David's sons named Ammon raped his step-sister Tamar, who was David's daughter.
- David's favorite son named Absalom who was the brother of Tamar killed Ammon, the son who raped her.
- Absalom fled to another country and stayed there for three years.
- David was sad because of his son Absalom and finally convinced him to come back. Absalom gained popularity with the people and tried to overthrow David's reign with an army of men.
- David left Jerusalem in humiliation and finally gathered enough men to fight Absalom's army.
- David's men pursued Absalom and by a freak accident he got caught in the branches of a tree and was killed. David mourned deeply for his son for a while and then he returned to his throne in Jerusalem as king.
- When King David was old and dying, Adonijah, another of his sons was trying to take over the Kingdom declaring himself the new king even though David had chosen Solomon to ascend the throne.
- Solomon was immediately made king and had Adonijah executed.

**Here now is the Psalm of David - Psalm 71 - sometimes referred to as "An Old Man's Prayer:**

**Lord, I have come to you for protection;  
never let me be defeated!**  
**Because you are righteous,**  
help me and rescue me,  
Listen to me and save me!

Be my secure shelter and  
strong fortress to protect me;  
**You are my refuge and defense.**

**My God, rescue me from wicked men,  
from the power of cruel and evil men.**

**Sovereign Lord, I put my hope in you:**  
I have trusted in you since I was young  
I have relied on you all my life;  
you have protected me  
since the day I was born.

**I will always praise you.**

My life has been an example to many,  
because you have been my strong defender.  
All day long I praise you and proclaim your glory.

**Do not reject me now that I am old;  
do not abandon me now that I am feeble.**  
My enemies want to kill me;

they talk and plot against me.  
They say, God has abandoned him;  
let's go after him and catch him;  
there is no one to rescue him.

**Don't stay so far away, O God;  
my God, hurry to my aid!**

May those who attack me  
be defeated and destroyed.  
May those who try to hurt me  
be shamed and disgraced.

I will always put my hope in you;  
I will praise you more and more.  
I will tell of your goodness;  
all day long I will speak of your salvation,  
though it is more than I can understand.

I will praise your power, Sovereign Lord;  
I will proclaim your goodness,  
yours alone.

**You have taught me ever since I was young,  
and I still tell of your wonderful acts.  
Now that I am old and my hair is gray,  
do not abandon me, O God!**

**Be with me while I proclaim your power  
and might to all generations to come.**

Your righteousness God, reaches the skies.  
You have done great things;  
there is no one like you.

You have sent troubles and suffering on me,  
but you will restore my strength;  
you will keep me from the grave.  
You will make me greater than ever;  
you will comfort me again.

**I will indeed praise you with the harp:  
I will praise your faithfulness my God.  
On my harp I will play hymns to you,  
the Holy One of Israel.**

**I will shout for joy as I play for you;  
with my whole being I will sing  
because you have saved me.**

**I will speak of your righteousness all day long,  
because those who tried to harm me  
have been defeated and disgraced.**

**Back Ground Ending Music Starts and...**Ending narrative by Carl Finish with “My Father Is So Good To Me” ( 3<sup>rd</sup> verse & fade)

### **Ending for Video**

I would like you to know how much GOD loves you. He is ready and waiting to help you. You just need to believe that He exists and has created all things and has given His Son Jesus, ( the good shepherd ), to bring you back to Him.

This is why I put together these pod casts, starting with **The Storyline Of The Bible**, 19 easy understandable pod casts that take you from Genesis, the first book of the bible - to Revelation, the last book of the bible.

And beyond that, there are **The Stories And Quotes From Jesus**, which will help you to strengthen your faith in God. And now I have just added these Bible Seeds; my commentary on some of these readings.

You can find all of this and print out the PDFs for Storyline Of The Bible and Quotes and Stories from Jesus. You can download the MP3s, Videos, and my original music from my website: [www.carlvasta.com](http://www.carlvasta.com). Everything is free and there are no sign ups. Enjoy!

### **Ending**

This is your host Carl Vasta and I thank you for tuning in to Bible Seeds at Understanding God’s Word.

A new podcast is released every Sunday at 12:30PM Pacific Coast Time.

God bless you and your loved ones and remember..... ( Song )